# A Crash Course in Designing for Virtual Reality

Why Laser Pointers Suck and We Can Do Better



#### Related Talks

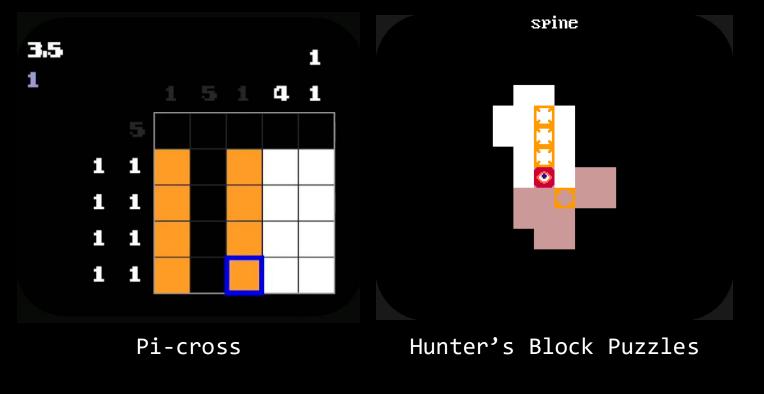
VR in Education & Training
Saturday 6-7pm

The State of Virtual Reality in 2024 and Beyond Sun 12:30-1:30

How to Get Into VR Fri 6-7pm

Blender for Artists and Developers

Thur 7-8pm





# Swadge

How the Sausage is Made: The Swadge Dog Panel

Thur 5:30PM

# hdyar.com/talks/vrdesign2025

Slides, Links, References, and Further Reading

I'll put this link at the end

Further Reading
In White Boxes

1. The Goal

2. Designing For Senses

3. Toolkit & Defaults

4. Why Laser Pointers Suck



# The Goal

What are we trying to achieve?

#### Hand Gestures Transform Friend's Story Into Immersive Virtual Reality Experience

4/20/15 2:25pm • SEE MORE: LOCAL ~





OAKLAND, CA—Noting how the expressive movement of her friend's arms fully conveyed every aspect and nuance of the event, 27-year-old Andrea Jennings confirmed Monday that her friend Rachel Carter's hand gestures had transformed an anecdote about meeting up for lunch with a mutual acquaintance into a fully immersive virtual reality experience. "From the second Rachel started moving her hands back and forth to indicate that she was talking to Julia, it was like I had put on a sophisticated VR headset and entered an incredibly realistic computer simulation of her story," said Jennings, who marveled at the way Carter's slightly raised shoulders and

#### We are Experience Designers

Responsible for the experience a user has

Also See: 'Human Centered Design'

Book: "The Design of Everyday Things" by Donald Norman

#### We are VR Designers

Responsible for Anything that affects the users' senses

- and is manipulatable via the available tools
- without being unsafe
- without violating trust
- Within the 'genre expectations'
  - (that we are also responsible for providing)

# Goal: Make a VR Experience "Good"

# What Makes a VR Experience "Good"?

# What Makes a VR Experience Good, according to my students:

- It's when it's all 'wow', yeah
- When it makes me feel like... (hand gesture)
- If I am **not thinking** about my homework
- You don't want to stop
- I forget where I am but in a good way
- It just is
- It's **Immersive**
- Everything is **natural**
- Everything is **intuitive**
- When it has the 'magic sauce'
- When I can play for longer than 30 minutes and my head doesn't hurt
- Remember that one moment from Half-Life Alyx when...

#### The Suspension of Disbelief

• Immersion: Suspension of Disbelief for our Senses

Book: "Hamlet on the Holodeck" by Janet H. Murray

#### Flow

In The Zone

"...melting together of action and consciousness..."

Direct Interaction

The thing you are deciding is the thing you are doing

Book: "Game

Feel" by Steve

Swink

#### Good VR: Immersive!

#### Defining Immersion...

- Immersion: The Suspension of Disbelief of Senses
- How Willing, Able, Easy, etc. a user is able to 'Get Into' the experience
- How convincing the Experience Is
- How "real" it feels
- How natural it is to do
- How obvious it is
- How little you have to think 'meta'

#### Immersion

Fidelity

of Immersion

Realism

Convincing

Minimal Modeling world, Maximum pure experiencing

Depth

of Immersion

Multi-Channel

'How Many Senses'

How Reinforced

Ease

of Immersion

Little Transition to reach immersion

Effortless

**Obvious** 

User Willingness

"Lock In"

Attach + Calibrate Hardware

- Direct Interaction/Engagement/Experience
- Be Intuitive & Natural
- Unmediated
- Designed to Encourage Flow

Feels Good to Play!

- Does not need to simulate reality
- Does not need to be "convincing"
- Does need to design for suspension

- Designed For Immersion
  - Fidelity, Depth, Ease

# Designing For The Senses

Or the part where I say 'We Don't Get it for Free' a lot

There's More To It Than Shoving Photons In Your Face - Omer Shapira

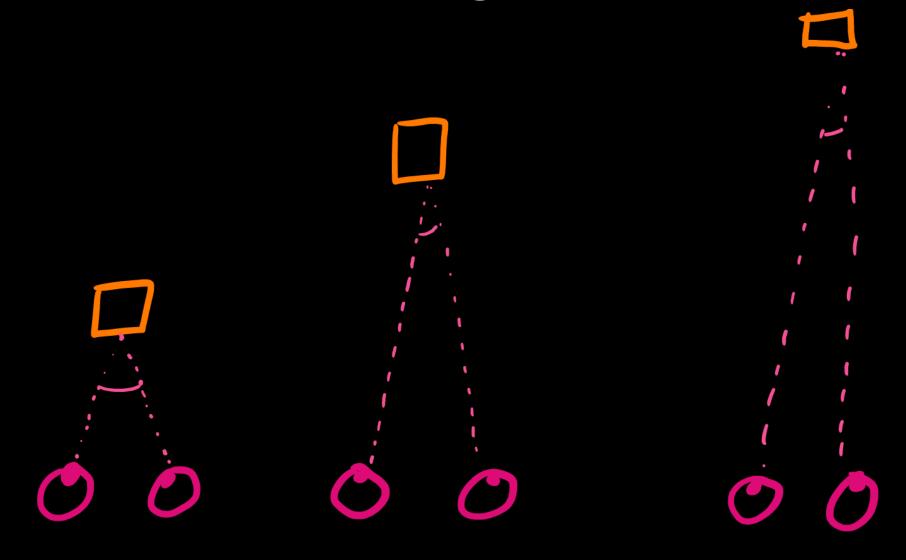
# Visual Depth Cues

More than just stereo vision!

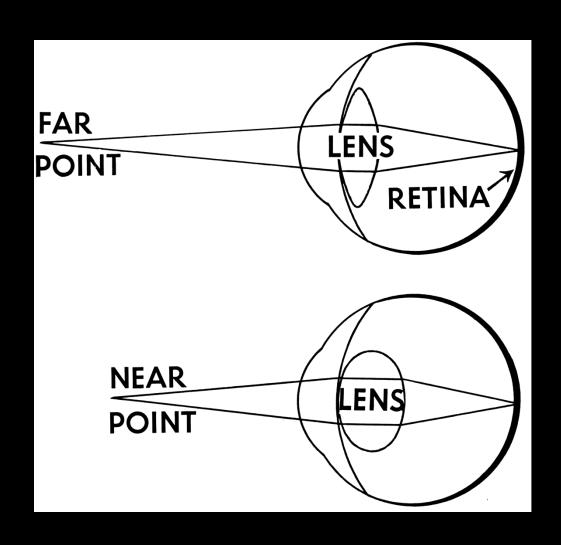
#### Stereo



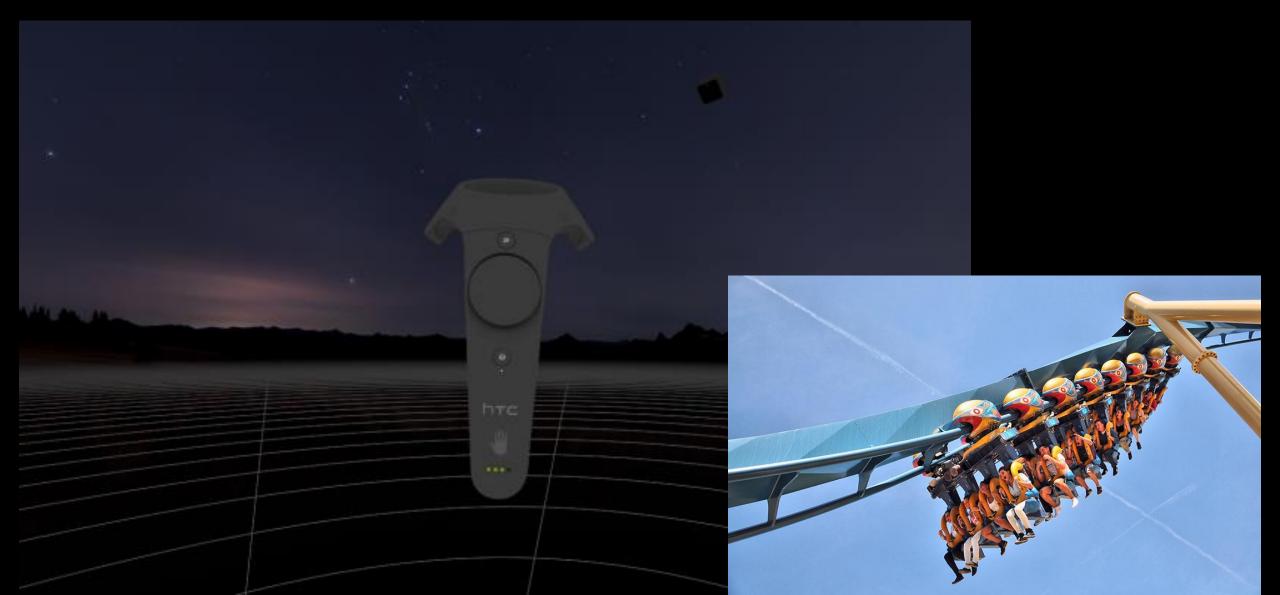
#### Convergence



#### Accomodation

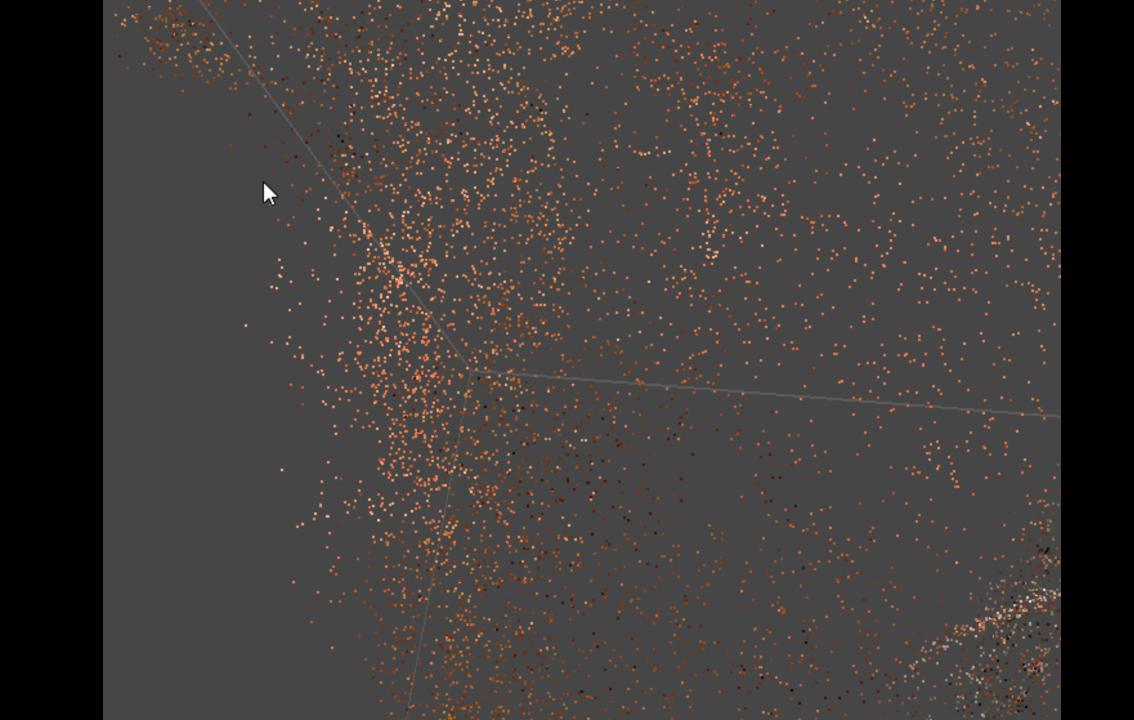


#### The Ground Plane



#### Motion Parallax



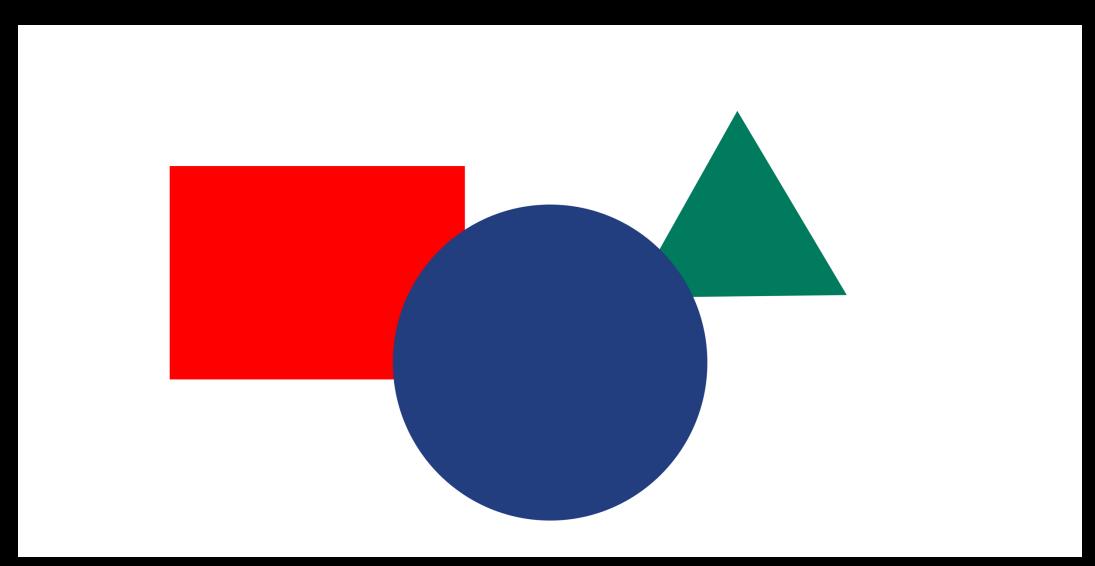


#### Kinetic Depth Effect

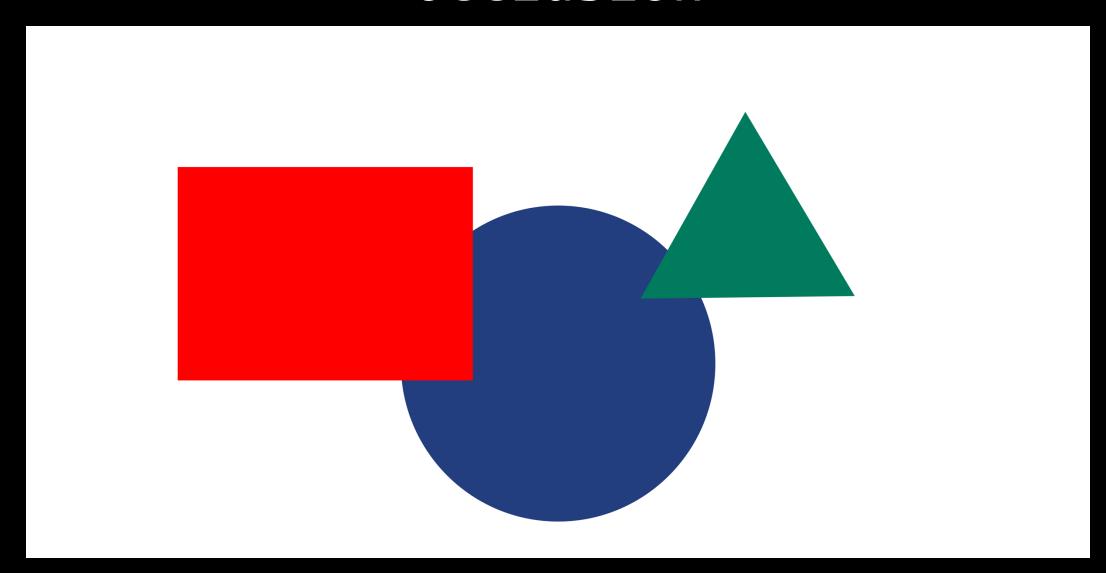




#### Occlusion



#### Occlusion



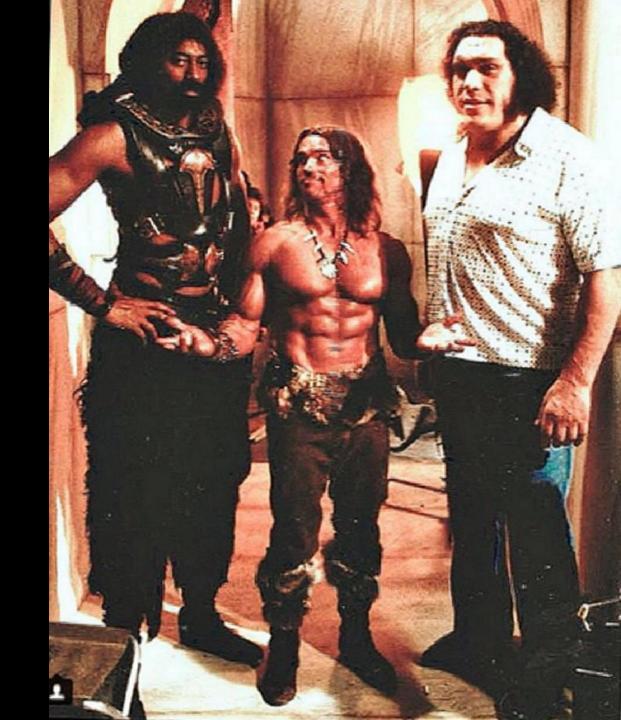
#### Atmospheric Gradation

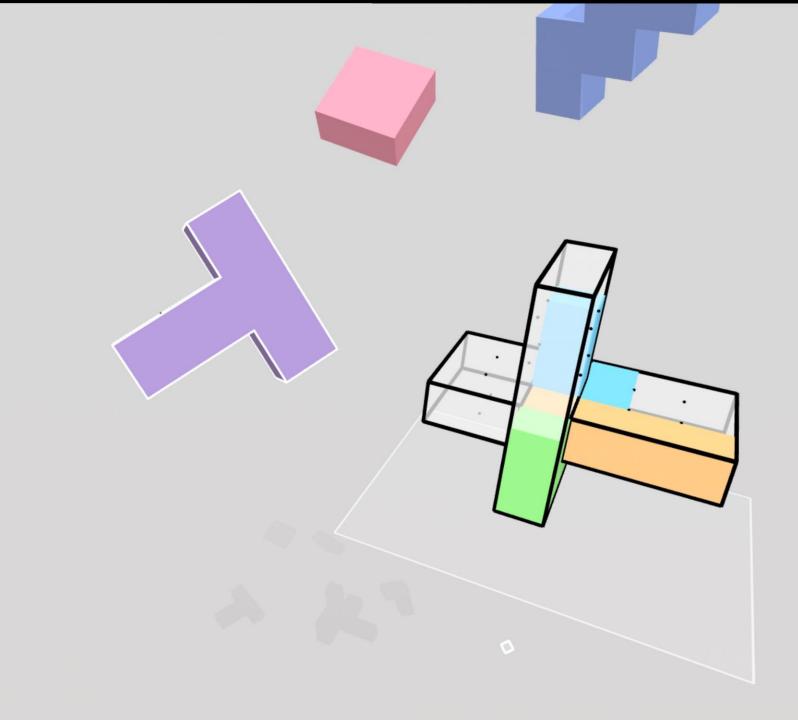


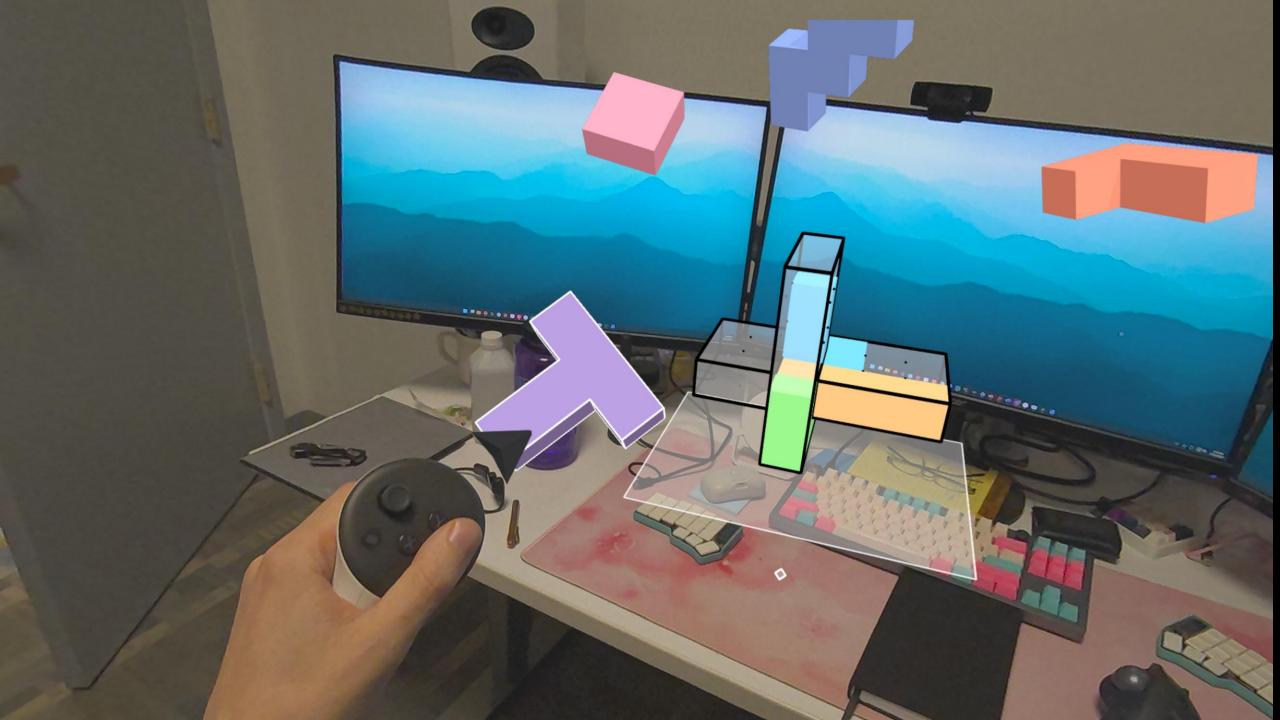




### Familiar Size





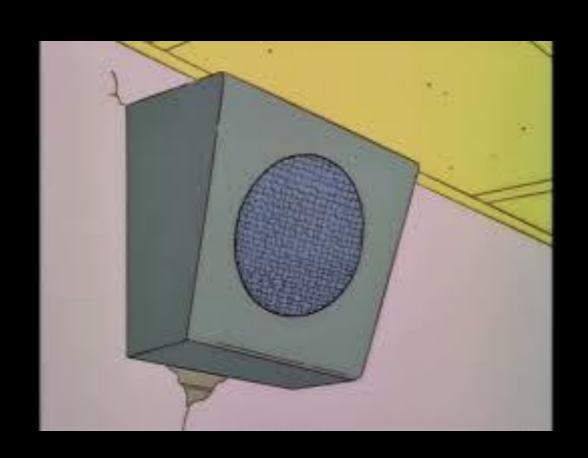






# Spatializing Audio

#### Give The Audio a Source



#### Skipped for Time:

- Audio Level
- Time Delay
- Head Shadow Effect
- Reverb
- Binaural Audio and the shape of our ears?!?
- Why Annoy-a-Tron's Work

Introduction to Sound Design for Virtual Reality Games - Julius Nuora

# Haptics

(Haptics of Starship Home are top-notch. Good job Carson Custer!)

Voices of VR #1282:
Gameplay Innovations &
Design Insights from
"Starship Home" CoDirectors Mark Schramm &
Ashley Pinnick

# Proprioception & Kinesthetics

# Repeatable Movements





#### **Body Shortcuts**

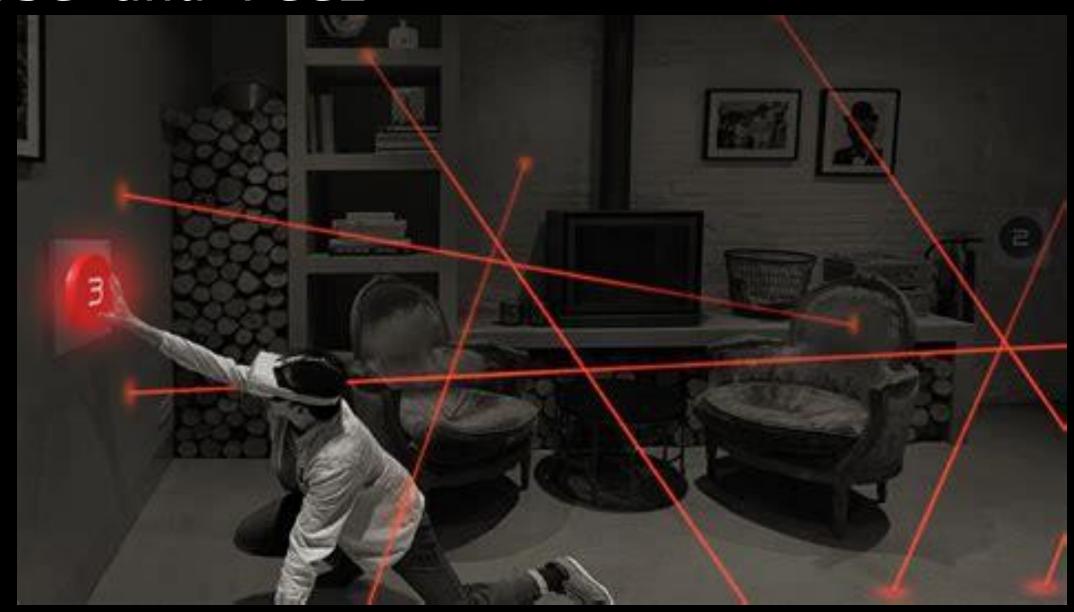
Fantastic Contraption and Why VR Menus Suck - GDC Talk 2016 - Colin Northway

This Is another

## Speed and Execution of Movement



### Pose and Feel





## Encourage Your Users!









# Toolkit & Defaults

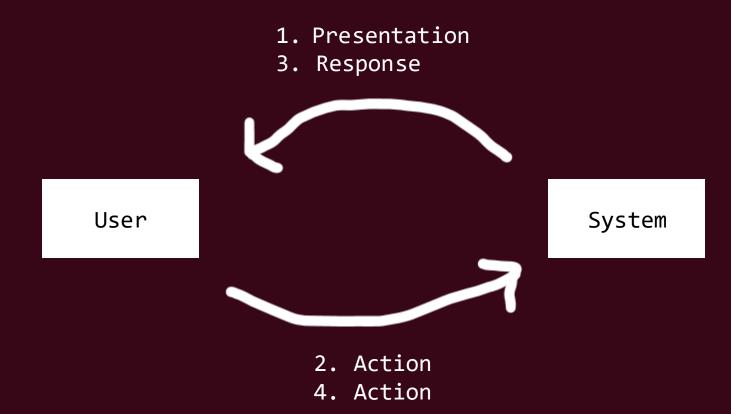
How to Design for VR

#### Topics in No Particular Order

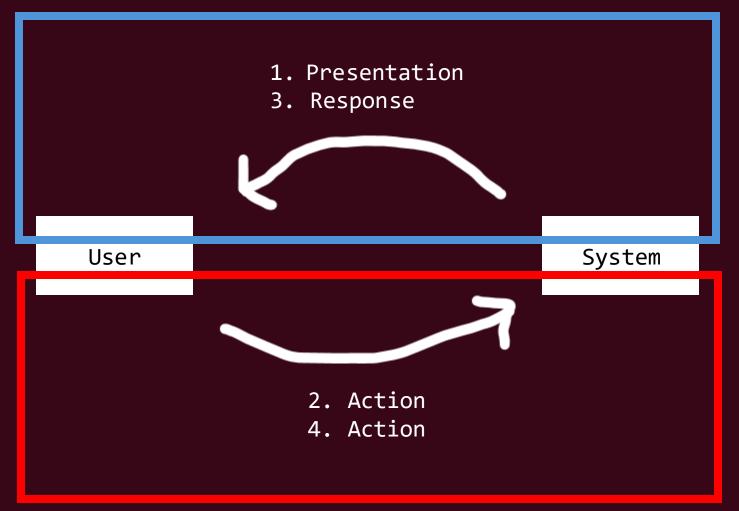
- 1. "Why VR"
- 2. Core Interaction Emphasis
- 3. Zones of Intimacy
- 4. Diagetic/Non-Diagetic
- 5. Constrained Tangible Interfaces
- 6. Environment Layout Tips
- 7. Adjustable Height Surfaces

- 8. Depth Communication
- 9. Locomotion
- 10.Toilet-Ready
- 11.Color Choice
- 12.Floor-Scale VR
- 13. Hands
- 14. Make it Goopy
- 15.Brownboxing

# "Why VR?"

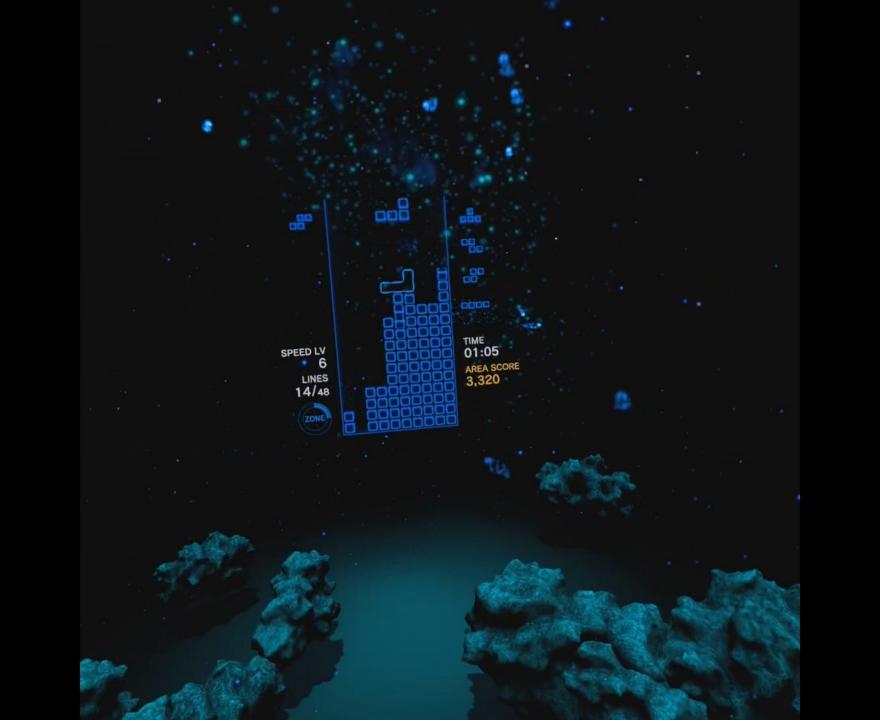


# "Why VR?"



VR is Good at this!

But Bad at this!



#### Core Interaction Emphasis

- Remove every verb that don't matter
- Noise isn't Immersive.
- Immersive does not mean "More"

 (Stop just using the features baked into your dev toolkit)



HDYAR

PLAY LOADOUT ... **SEASON PASS** 

TRAINING SETTINGS

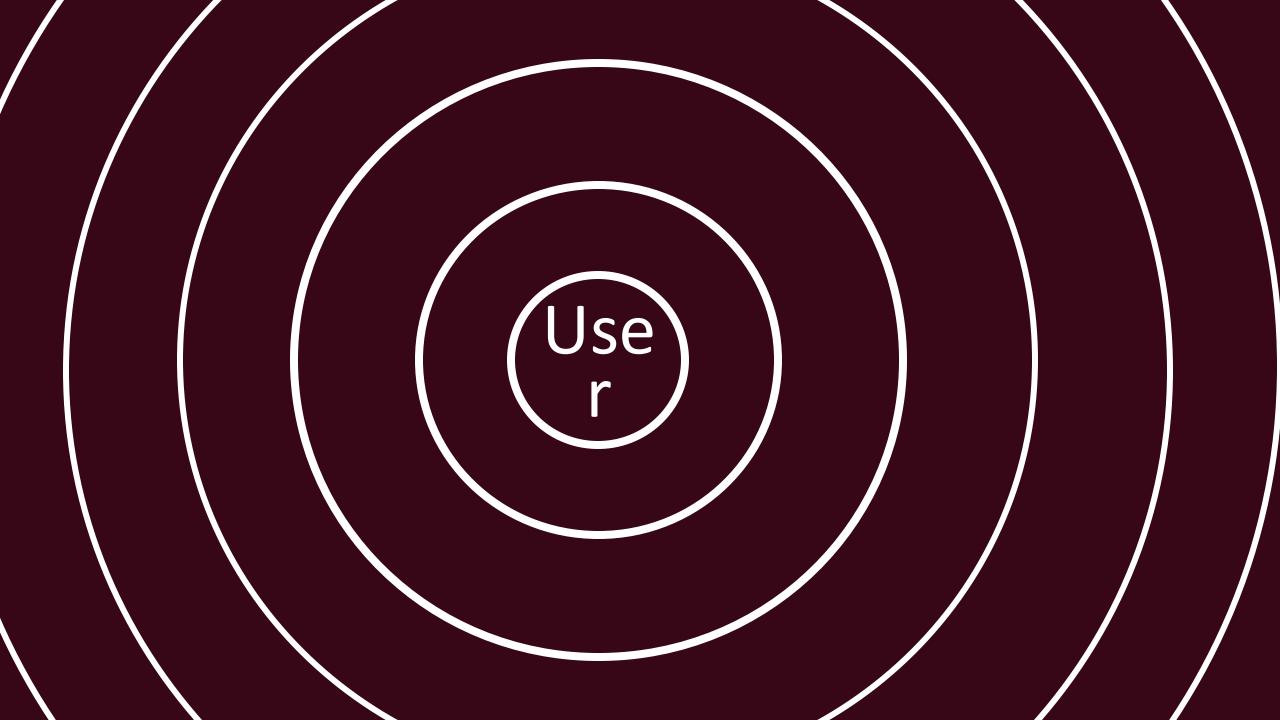


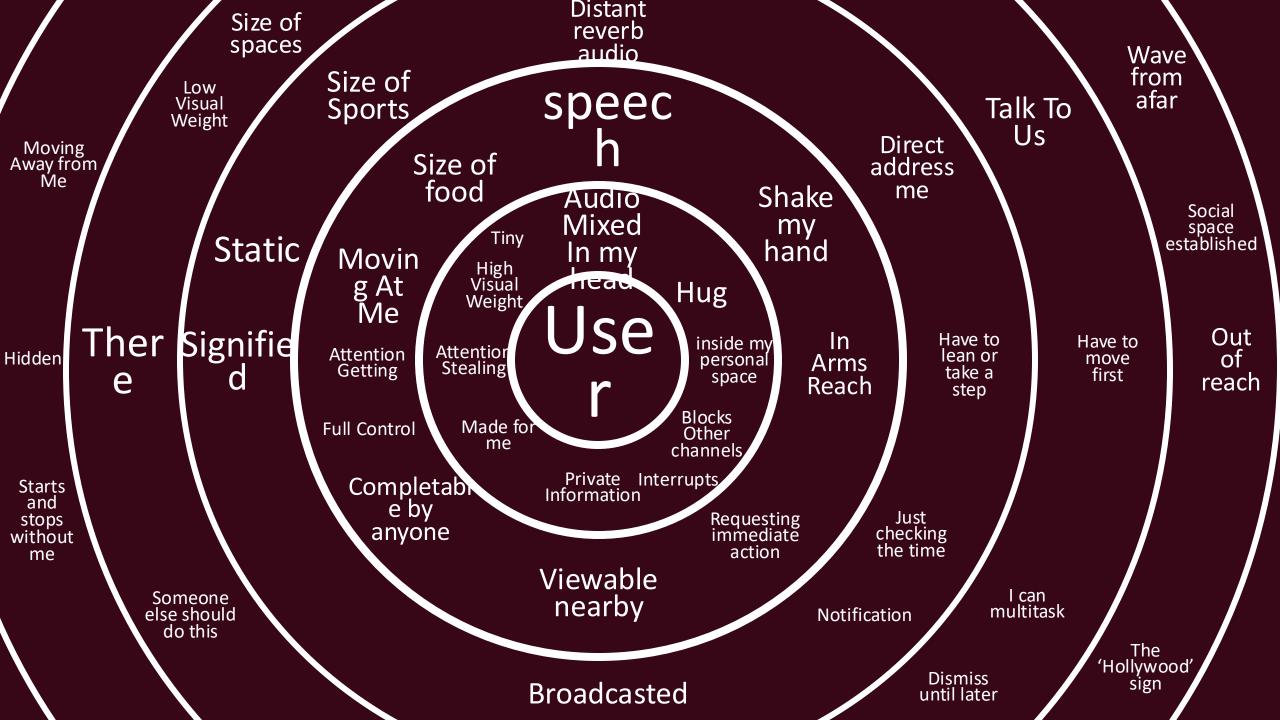




#### Zones of Intimacy

- Here, Near, Far
- Map Importance and Intimacy Together





#### Non-Diagetic

- Background Music
- Non-spatialized Audio
- HUD
- Flat Screens
- Subtitles



#### Diagetic

- A Musician
- Talking Robots
- Speaker Playing Audio
- A Television Screen

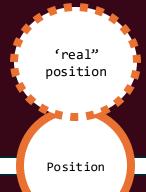






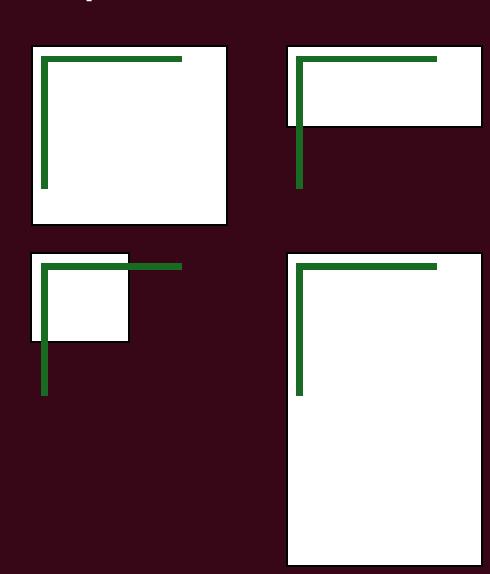
#### Constrained Tangible Interfaces

- Turn free (3D) hand movement into linear control movement
- Don't require precise user accuracy
- Apply snapping and assistance liberally



#### Environment Layout Tips

- Avoid Symmetry
- Avoid Radial Symmetry
- Use Landmarks
- Don't make rooms, make corners.
- 2 walls for primary interactions
- Make your environments smaller
- Add Windows (more visible depth)







#### Adjustable Height Surfaces

• "I have made a magical experience where anything can happen and you can live your dreams...

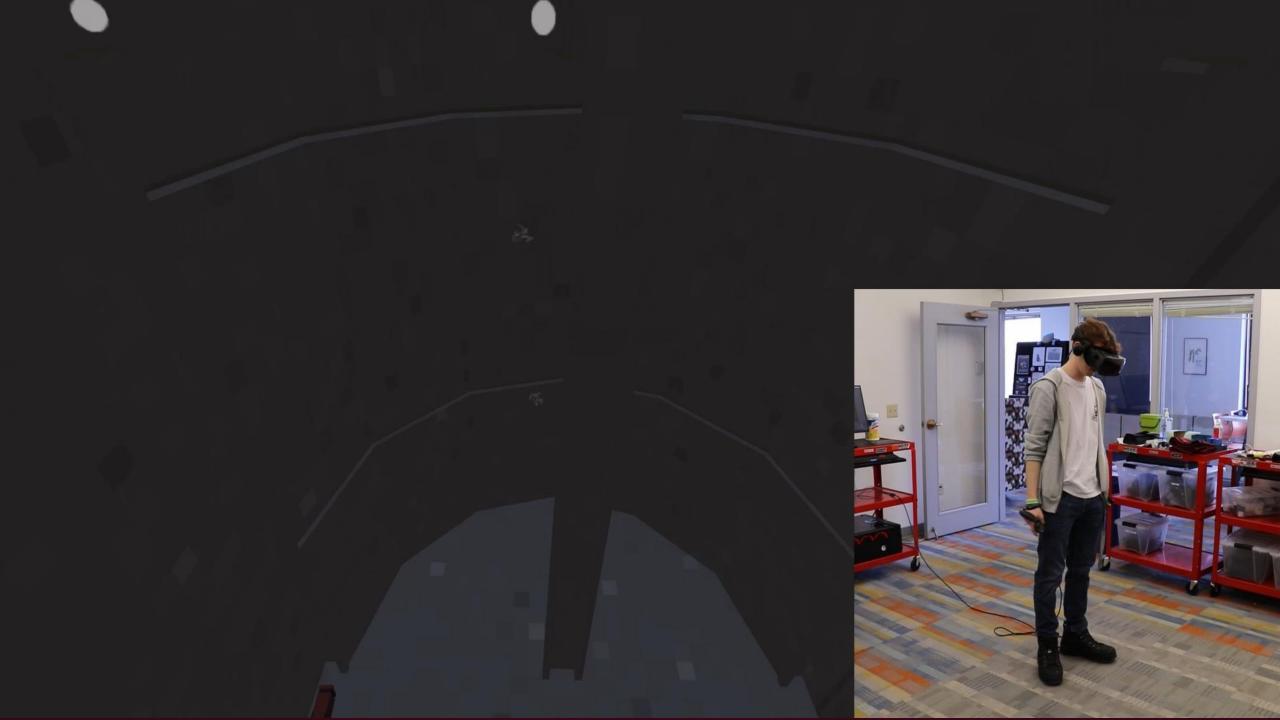
Unless you have short arms"



#### Locomotion

### Locomotion

• ...Don't?



#### Locomotion

- Stop shoving video game levels into VR
- Zone vs. Granular
  - Teleport the room area, not the avatar
- Snap vs. smooth Turning, Slide vs. instant vs.
   blink movement: All of the above

Job Simulator to
Vacation Simulator:
Advanced
Interactions for
Room-Scale VR - GDC
Talk - Owlchemy Labs

#### Hunter's Default for Teleportation:

- Zone Based
- Head Target
- Preview user destination in the zone

(Copying Tea For God is hard, copy Vacation Simulator instead)





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Xbox Cloud Gaming (Beta)

Cloud Gaming George

All

TO V

Vacation S

FIS

Real VR Fish



Horizon Feed





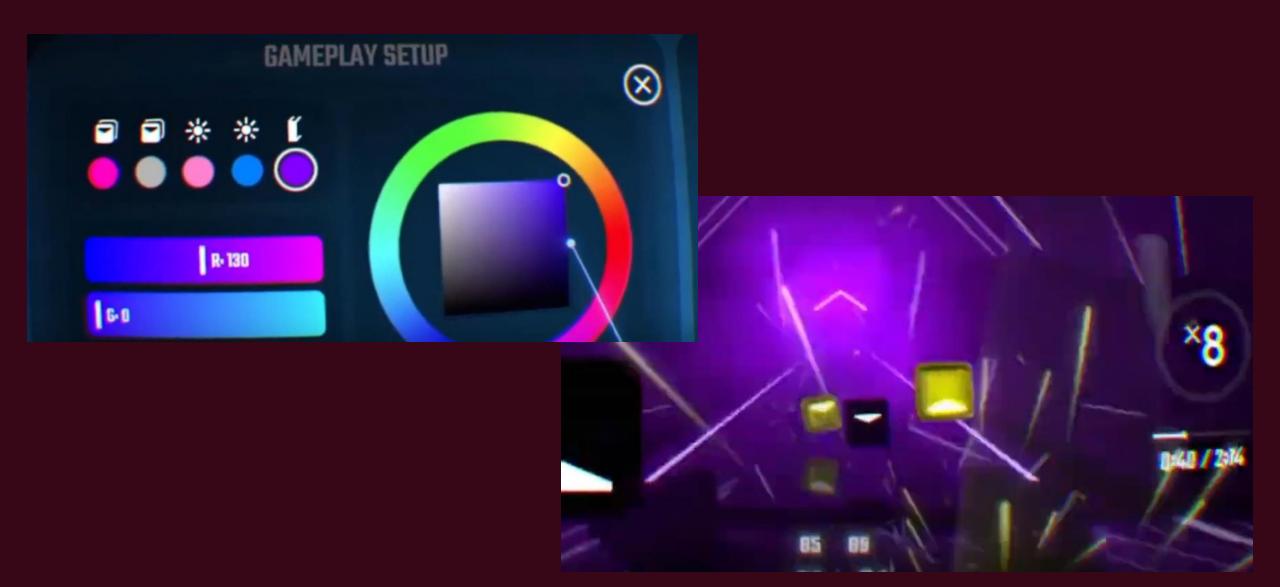


## Toilet Ready VR

• You don't have to spin 360



#### Let Users Choose Colors



#### Floor-Scale VR





#### Hands

- Controllers are a tool we are holding.
- Just show the controllers

• If you show skin color, the user should be able to

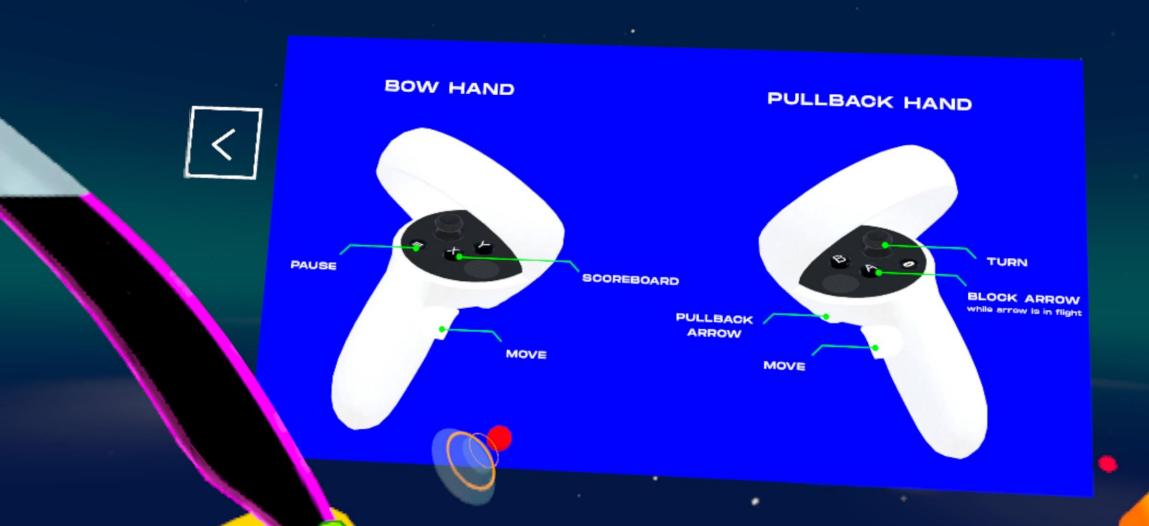
change that color













- **‡** Library
- **■** Store
- **№** Multiplayer
- Settings
- Controls
- Tutorial



Sele



Profile >



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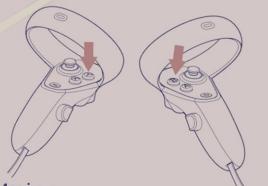
154.2-600 // connected



Pointing: press trigger half way

Pulling /

Grabbing fully press trigger



Moving: hold both buttons and move controllers



Pushing Pieces back to Shelf: push joystick forward



Back to Menu: hold button for 2s

Switch Sk push joyst



Grou Orga into t



Peek in the pe



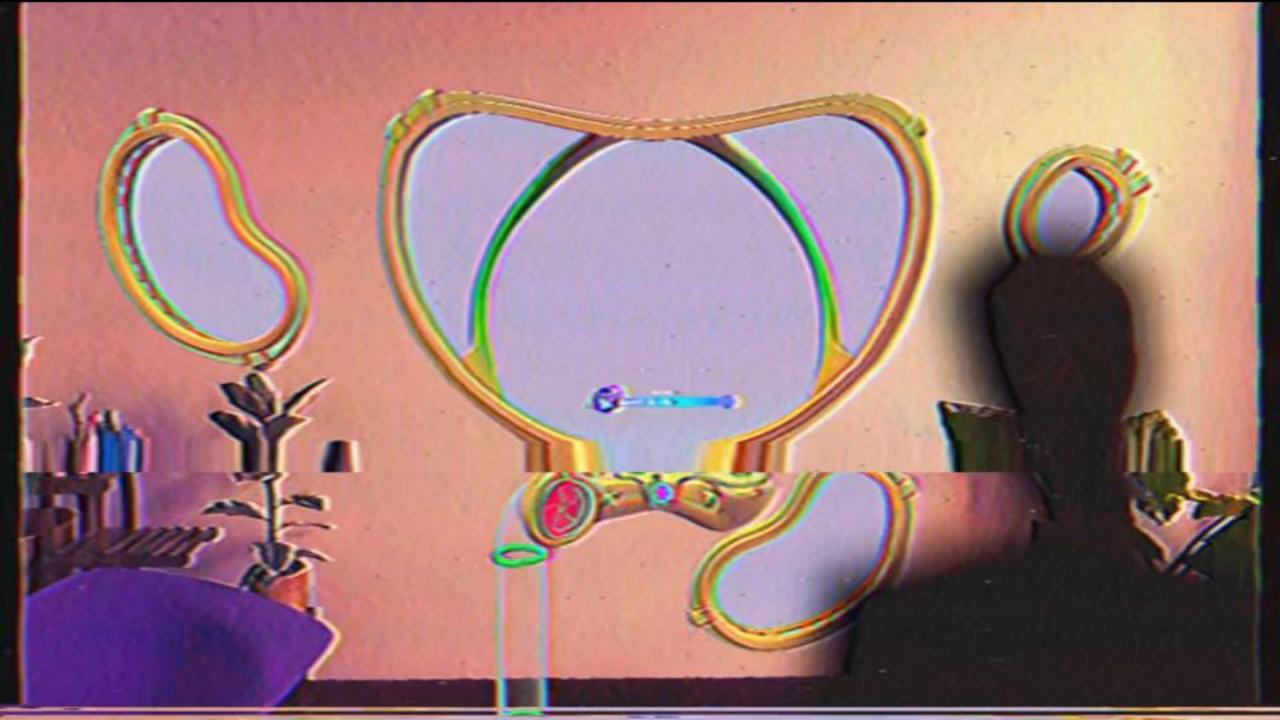
Back ?



#### Make It Goopy

- React to users in some way
- Doug North Cook on Starship Home Design Goals:
   "...full of vibrancy, magic, goopyness, adventure, and ..."

Starship Home and the Future of Mixed Reality - Doug North Cook



## Brownboxing





"Playtesting VR: Brownboxing, Spycams, and Fuzzy Rugs" -GDC Talk - Shawn Patton

## Why Laser Pointers Suck

Putting it all Together

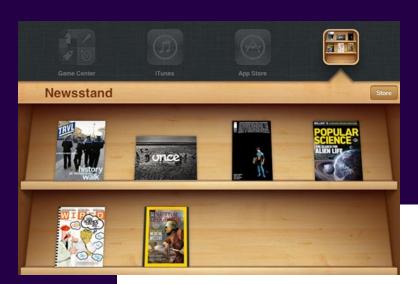




## Skeuomorphism



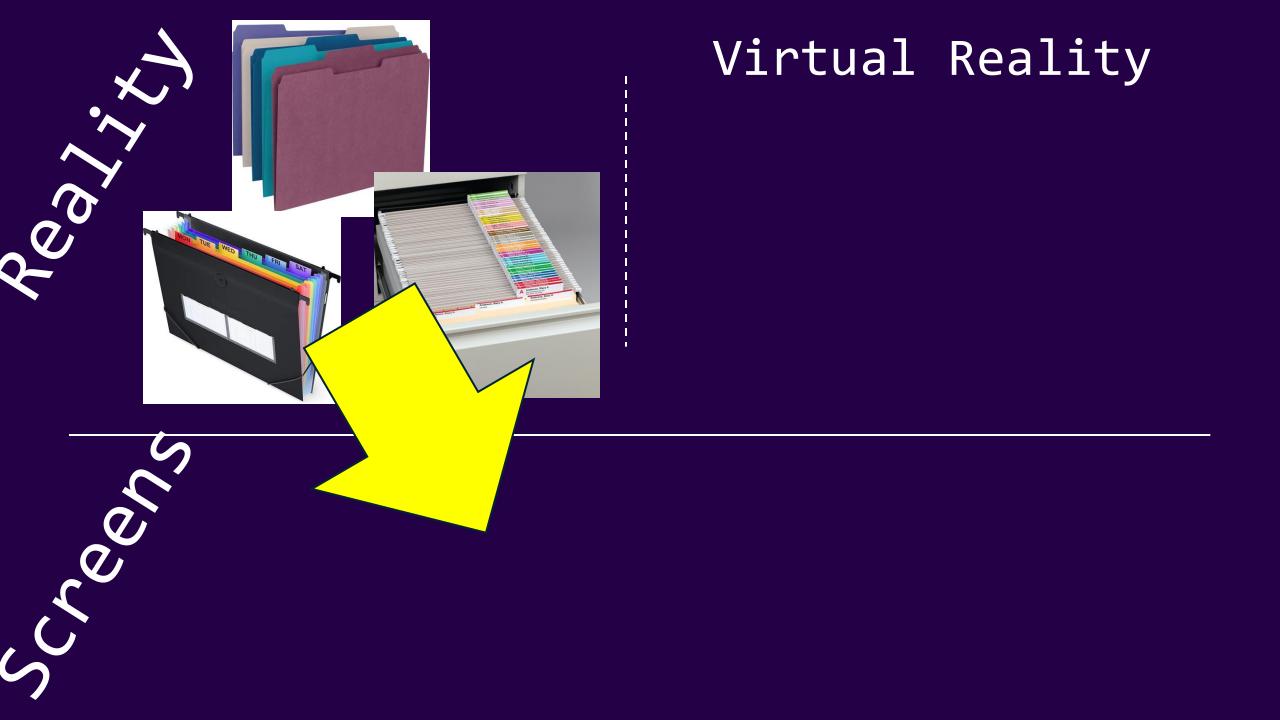


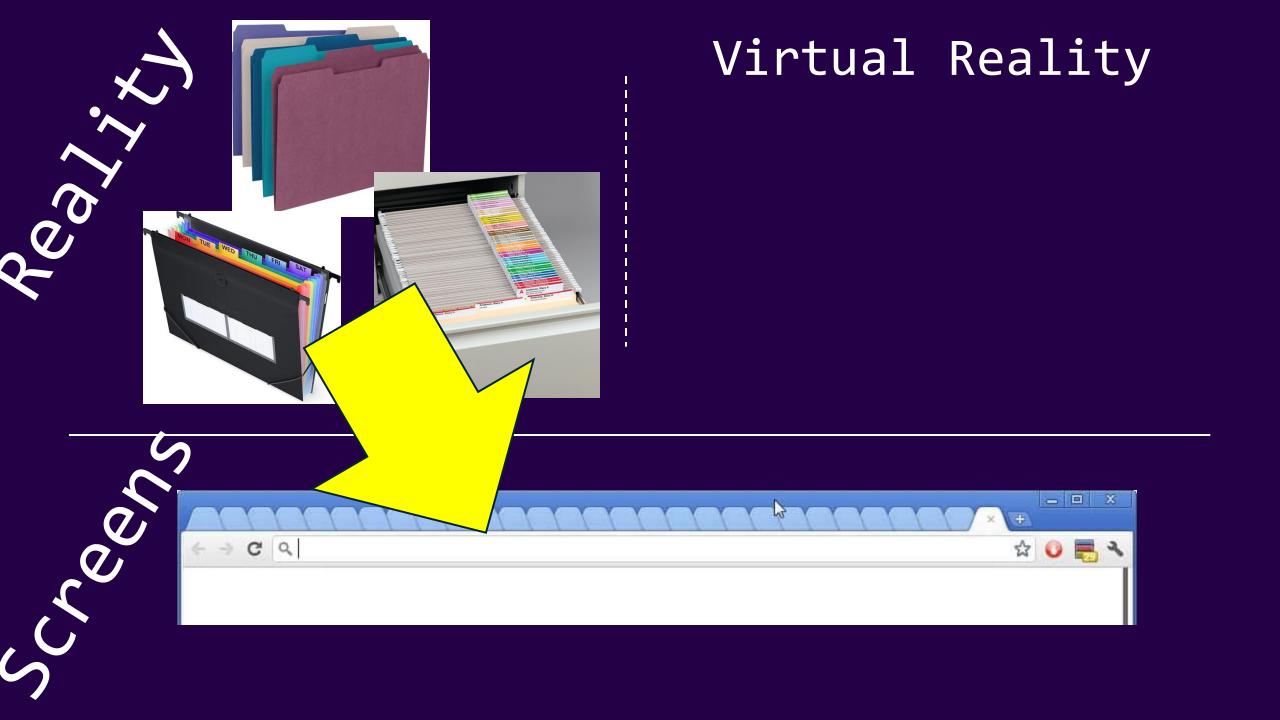




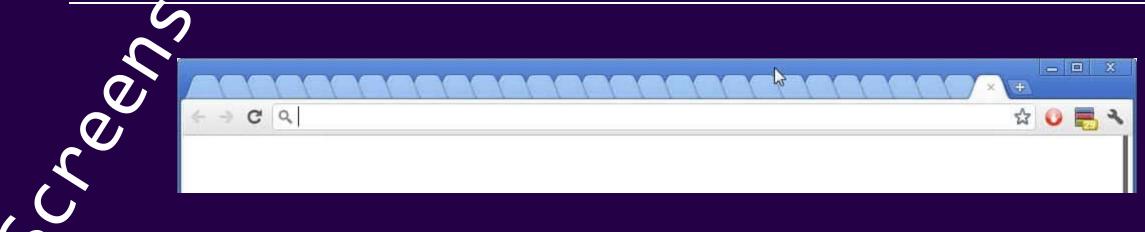


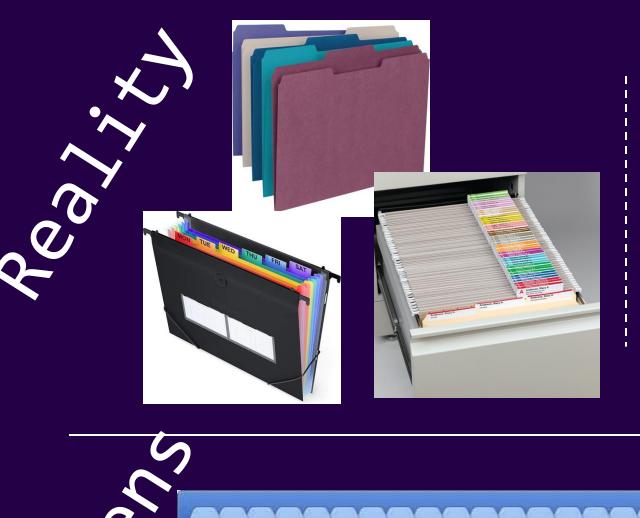
#### Virtual Reality



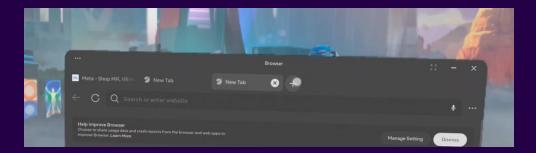


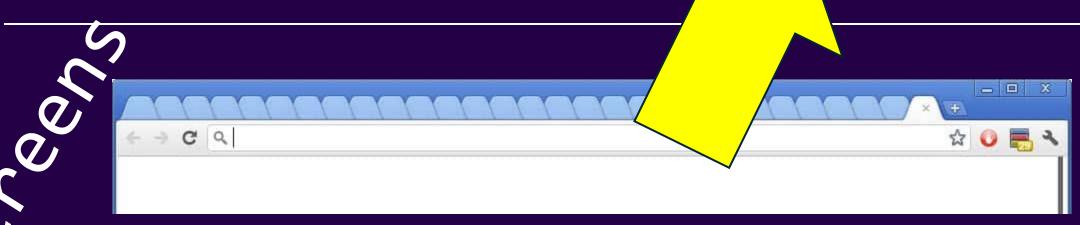






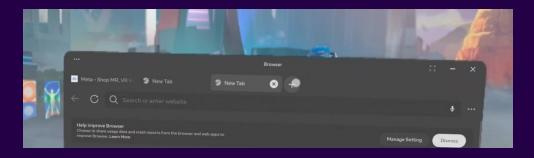
#### Virtual Reality

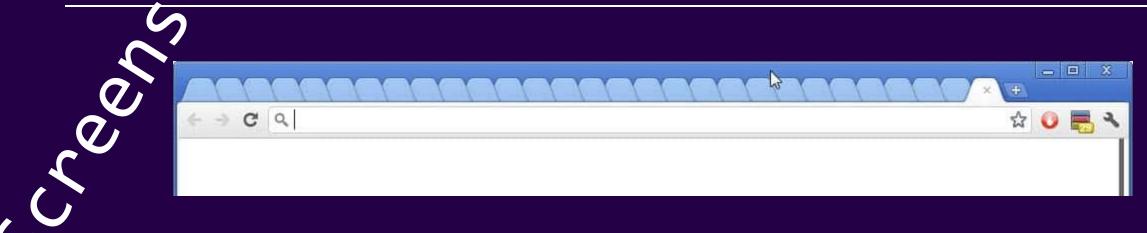


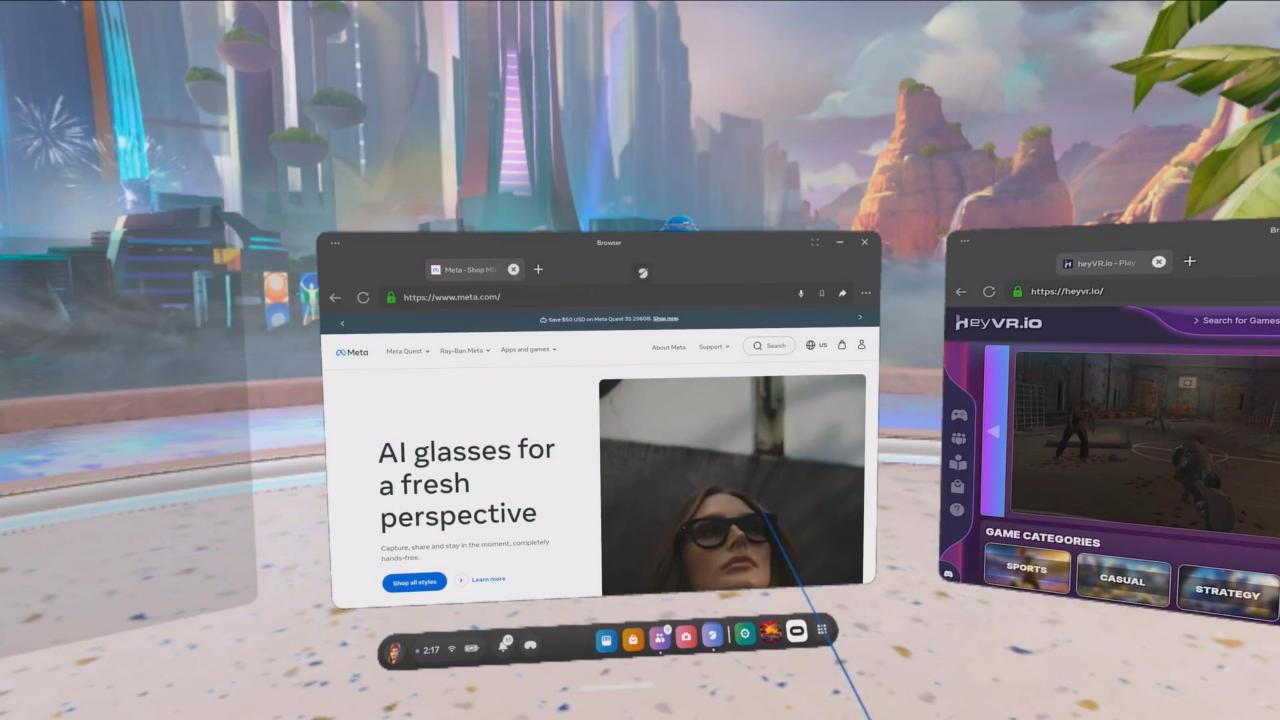




#### Virtual Reality











# There is No Such Thing as "Click"

#### Mental Models

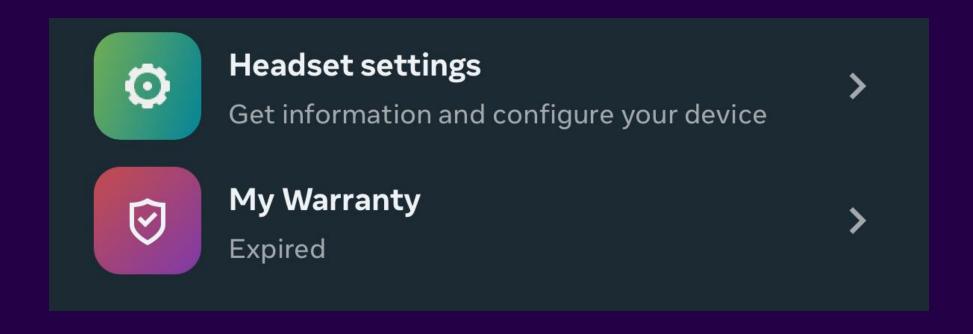
- That rectangle is a computer screen
- The dot is a computer mouse
- Your controller is a hand
- Controller is like a tool
- The tool is a laser pointer
- The laser pointer is a mouse

#### Chains of Models

 One concept that you have to use to understand another model that you have to use to understand another model that you have to use to understand another model that you have to use to understand another model



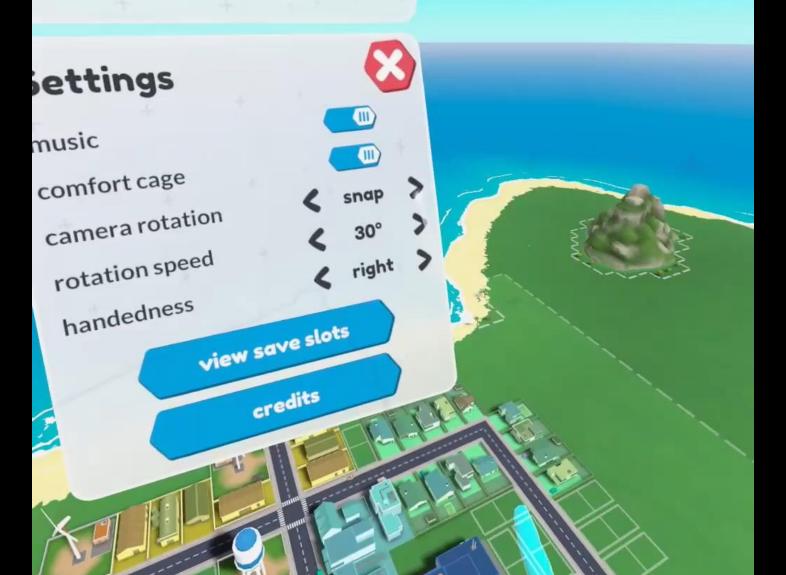
#### Let's Consider Quest OS Buttons







To play with hand tracking, first enable it in the system settings and then put your controllers down.



# Abandoning Immersiveness







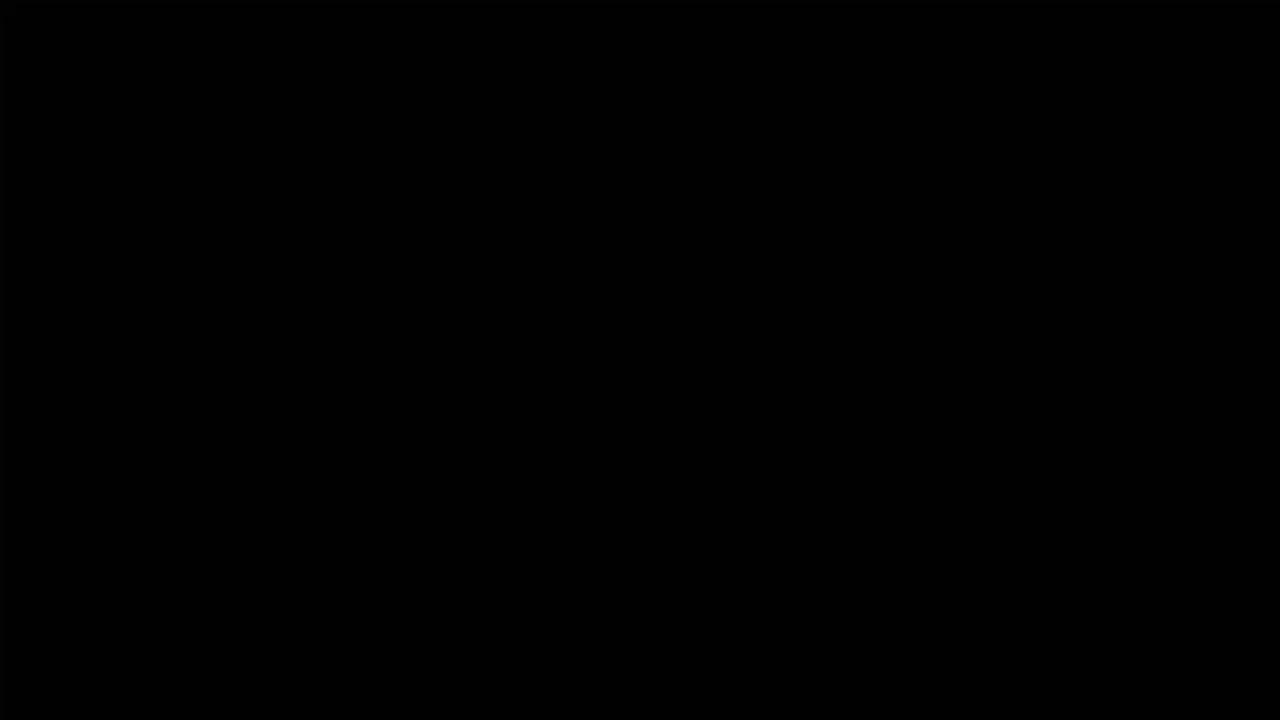






"But laser pointers and screens are understandable and recognizable?"

"You don't have to teach it?"



## Why is this just a bad screen?

Hint: Because Quest is a phone running android

### We can have it both ways

- A Floating panel that is disconnected from the environment in every way....
- We can do whatever we want with the environment!
  - LIKE MAKE IT A COOL DIAGETIC INTERFACE



What do we do instead?



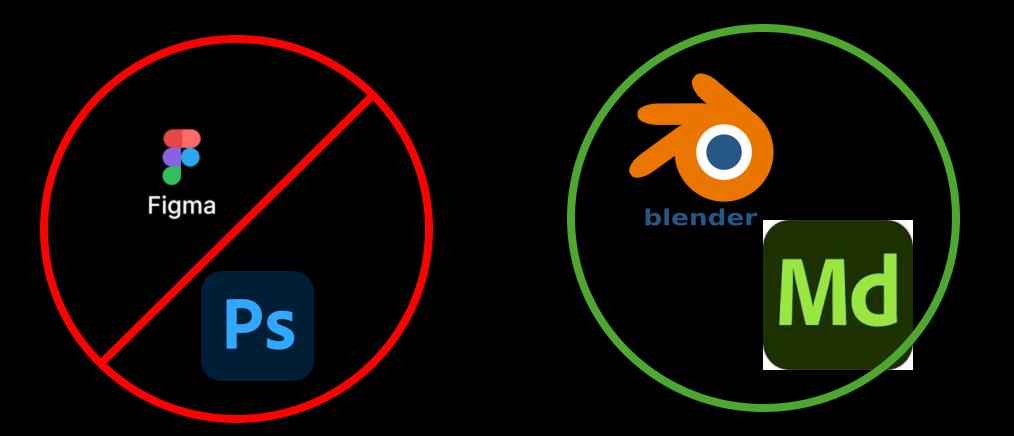
# Stick





#### In Conclusion

• Use **Depth Cues** to make the game more **Immersive**, which makes everything else about the game better



Slides, Links, References, Follow-up

hdyar.com/talks/vrdesign2025

